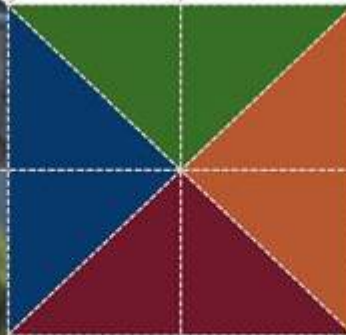


Livable Communities: Creating Environments For Successful Aging



***Landscape for Preserving
Affordable Housing: Aging
in Place – Feb 7, 2008.
New Partners for Smart Growth***

Safer Homes, More Livable Communities

- 1) AARP's Social Impact Agenda
- 2) Changing Demographics
- 3) What We Know / What We Have Learned
- 4) Strategies and Recommendations

1) AARP's Social Impact Agenda

- In 2005, AARP began this 10-year Agenda
- The GOAL → People 50+ will have
Independence, Choice & Control
in ways that are beneficial and affordable
for them and for society as a whole.

1) AARP's Social Impact Agenda

- Economic Security
- Health and Supportive Services
- ***Livable Communities***
- Global Aging

1) AARP's Social Impact Agenda

For AARP, a *livable communities* is one that has:

- affordable and appropriate housing,
- supportive community features & services,
- and adequate mobility options.

Together these will facilitate personal independence & the engagement of residents in civic and social life.

1) AARP's Social Impact Agenda

- Beyond 50.05, A Report to the Nation on Livable Communities: Creating Environments for Successful Aging
- Livable Communities: an evaluation guide

both are available at

www.aarp.org/beyond50

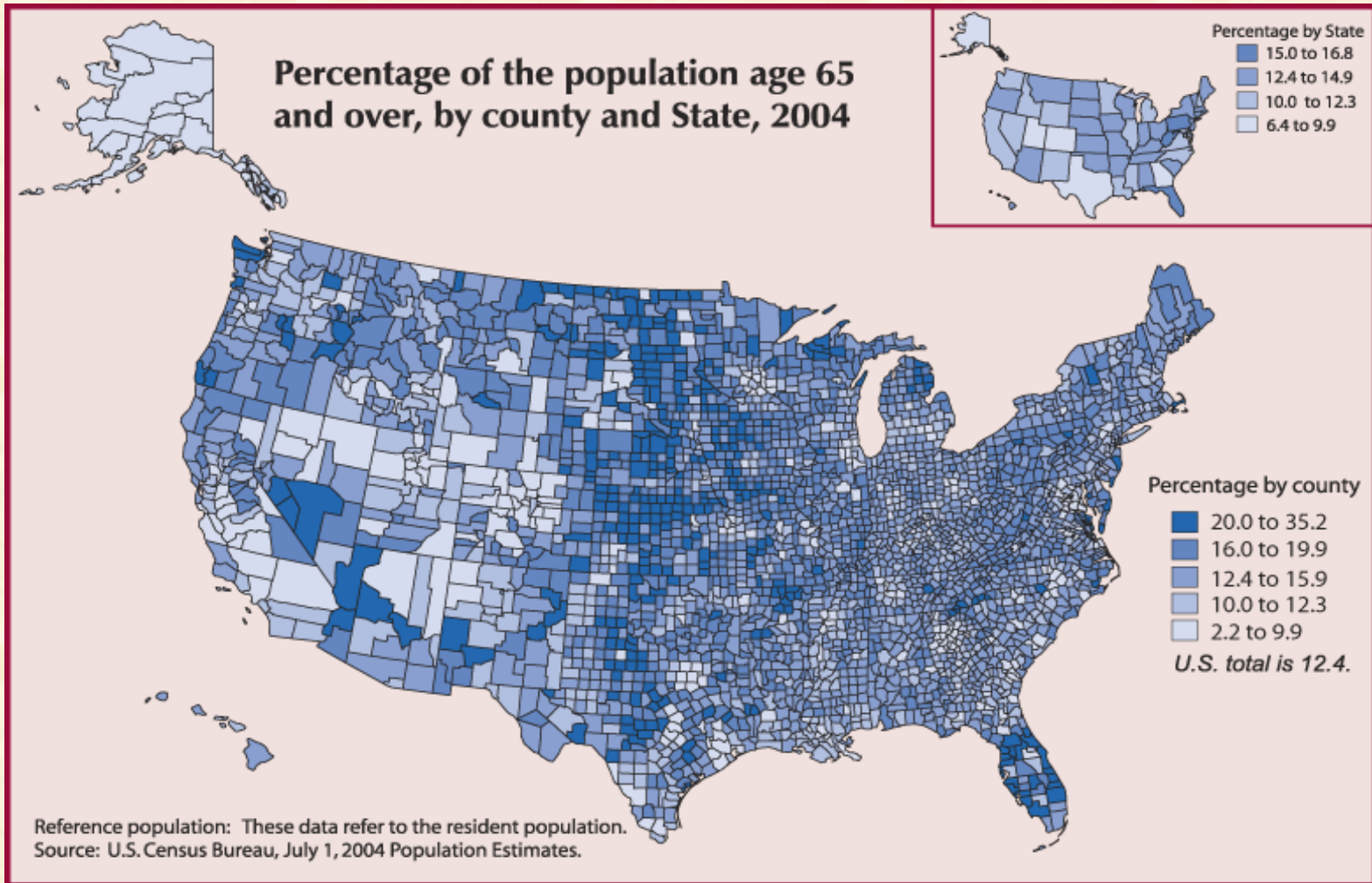
2) Changing Demographics

- Why are we focusing on aging?
- And why now?

1) It's the demographics

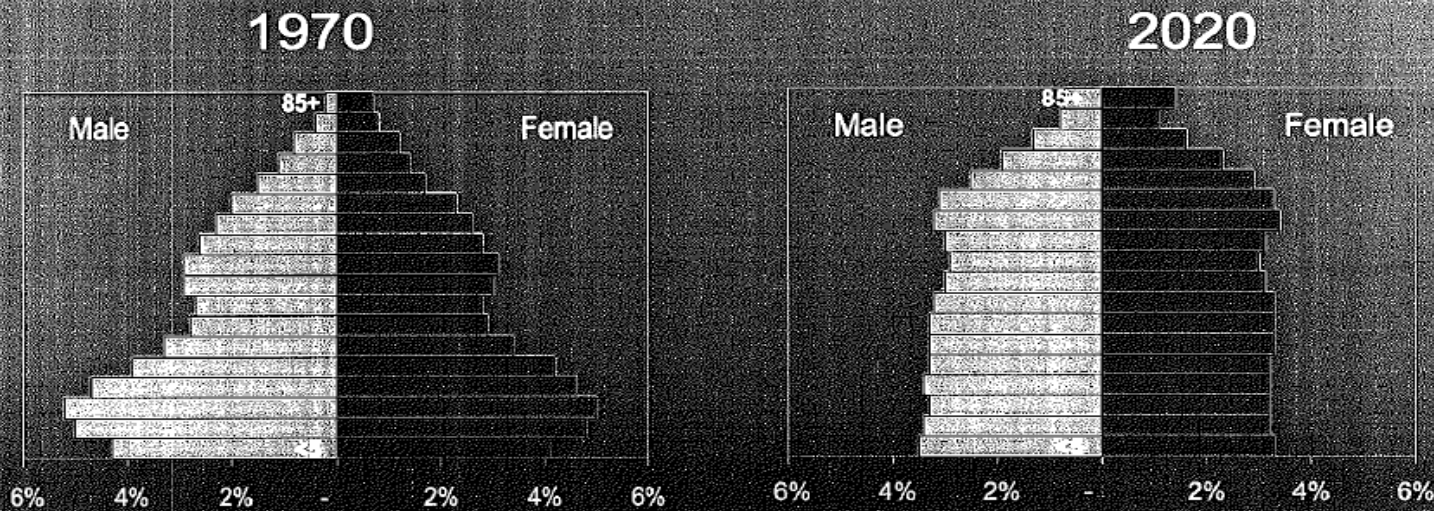
2) It's the numbers

2) Changing Demographics



2) Changing Demographics

As America grows, it is also aging



Share of population by age group

Source: U.S. Census Bureau

2) Changing Demographics

- “Baby Boomers” fundamentally changed the Age-Sex Structure & many social institutions
- Dependency Ratio also changed—number of workers supporting the young and the old
- Life Expectancy has also been extended

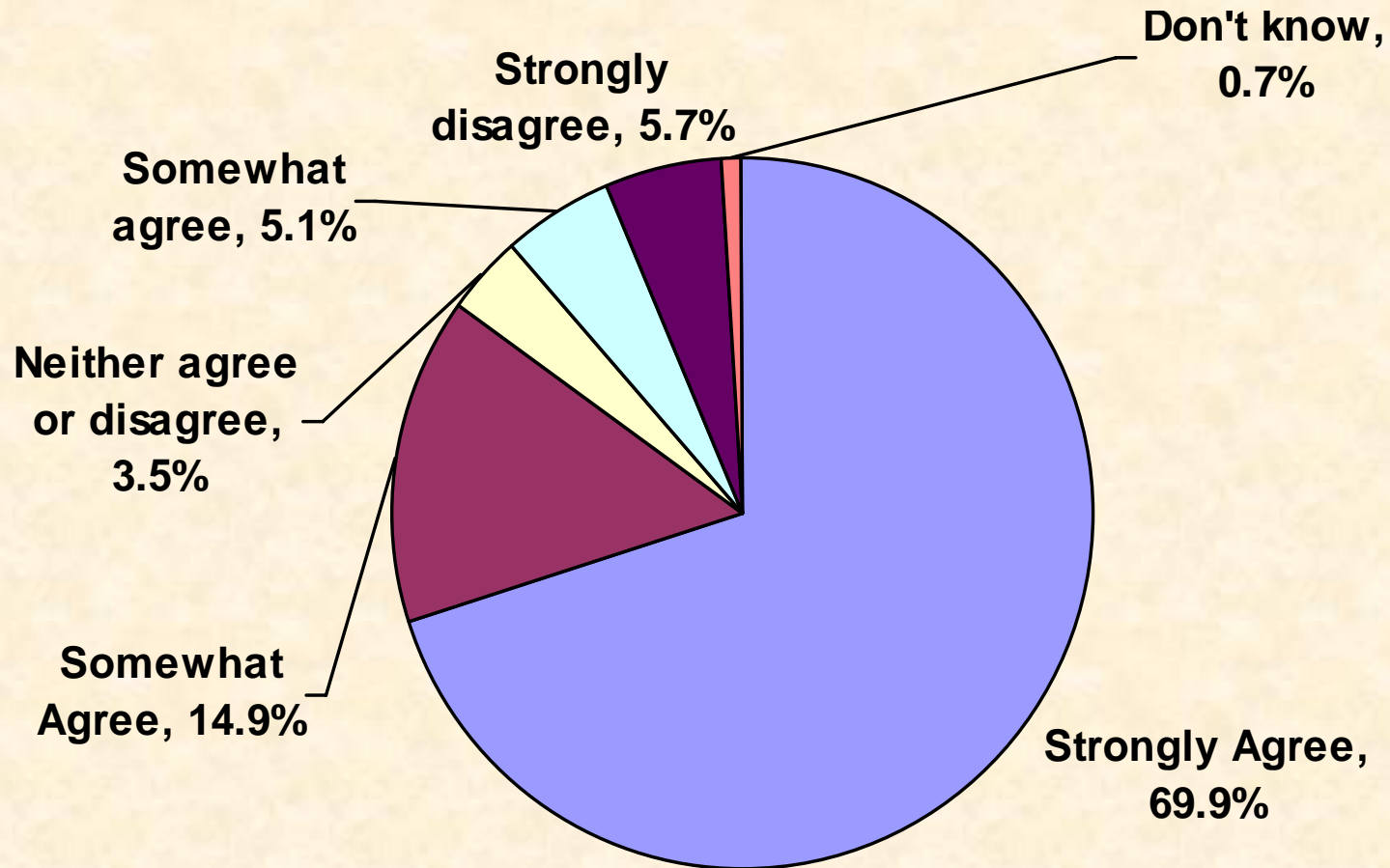
2) Changing Demographics

- In 2003, the 65+ population was 36 Million
- By 2030, it will be 72 Million, or 20% of the total U.S. population
- By 2050, it will be 86.7 Million
- As “boomers” age there will be more elderly than children (0-18)

3) What We Know / What We Have Learned

**What Homes and
Communities do
People Desire?**

“What I’d really like to do is remain in my local community for as long as possible.” 84%

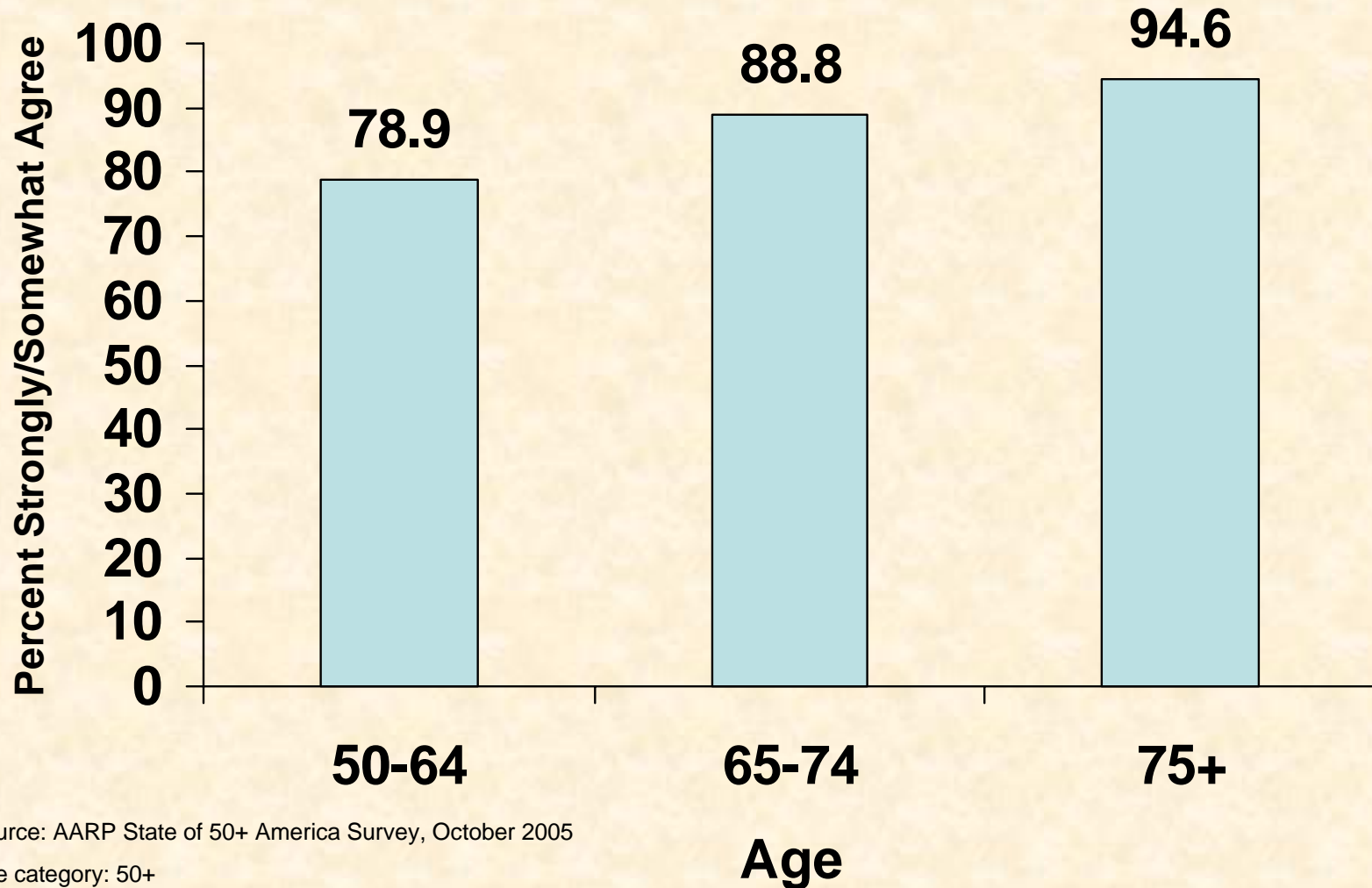


Source: AARP State of 50+ America Survey, October 2005

Age category: 50+

Base=910

“What I’d really like to do is remain in my local community for as long as possible.”

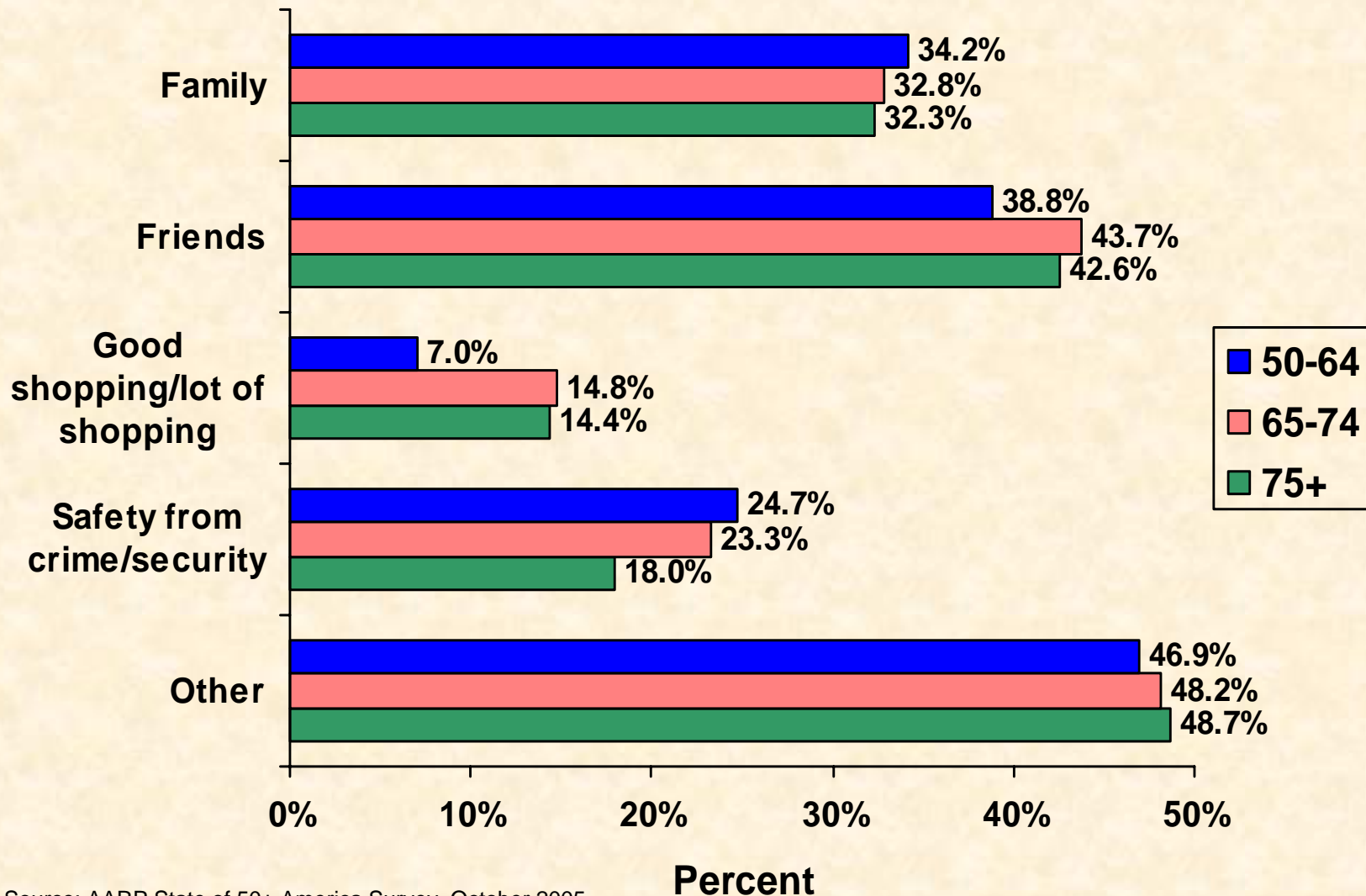


Source: AARP State of 50+ America Survey, October 2005

Age category: 50+

Base=910

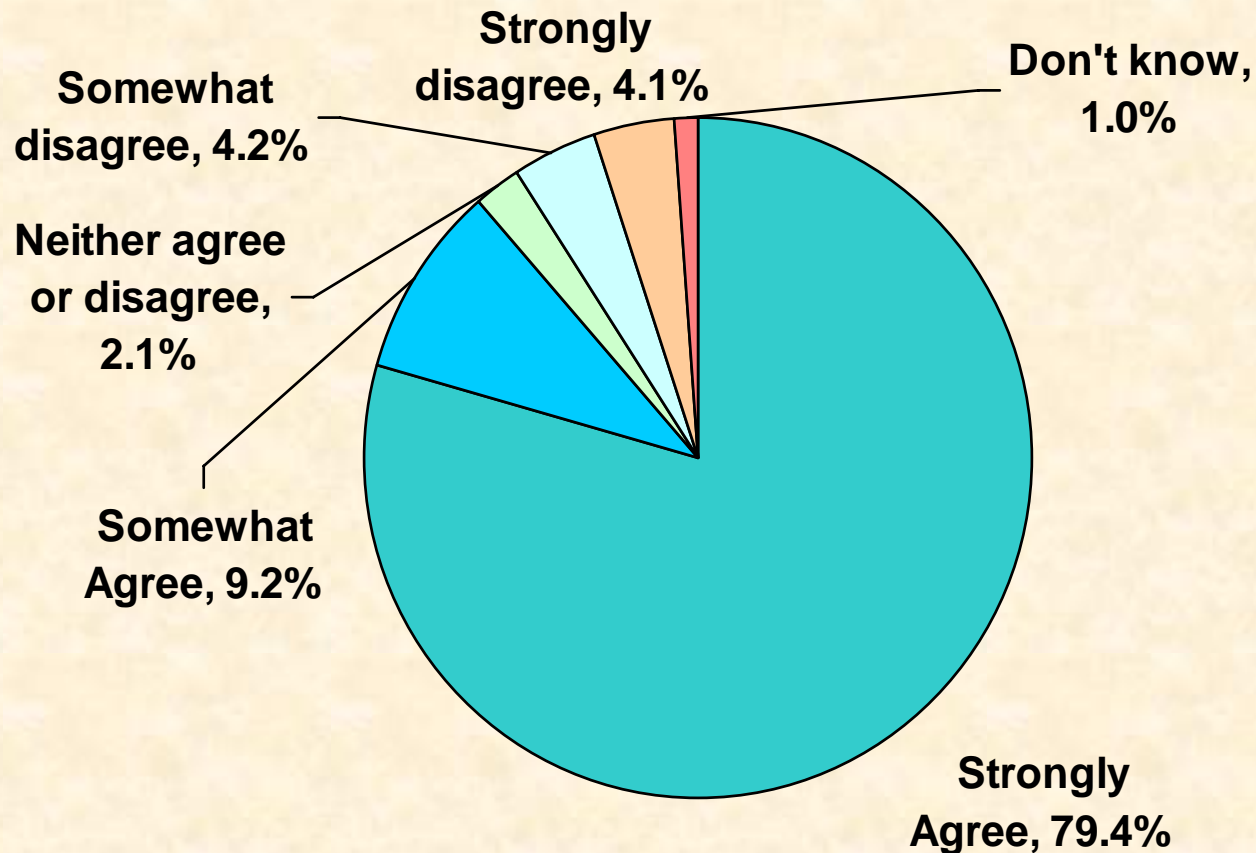
What are some of the reasons you would want to remain in the same local community?



Source: AARP State of 50+ America Survey, October 2005

Base=772

“What I’d really like to do is remain in my home for as long as possible.” 88%

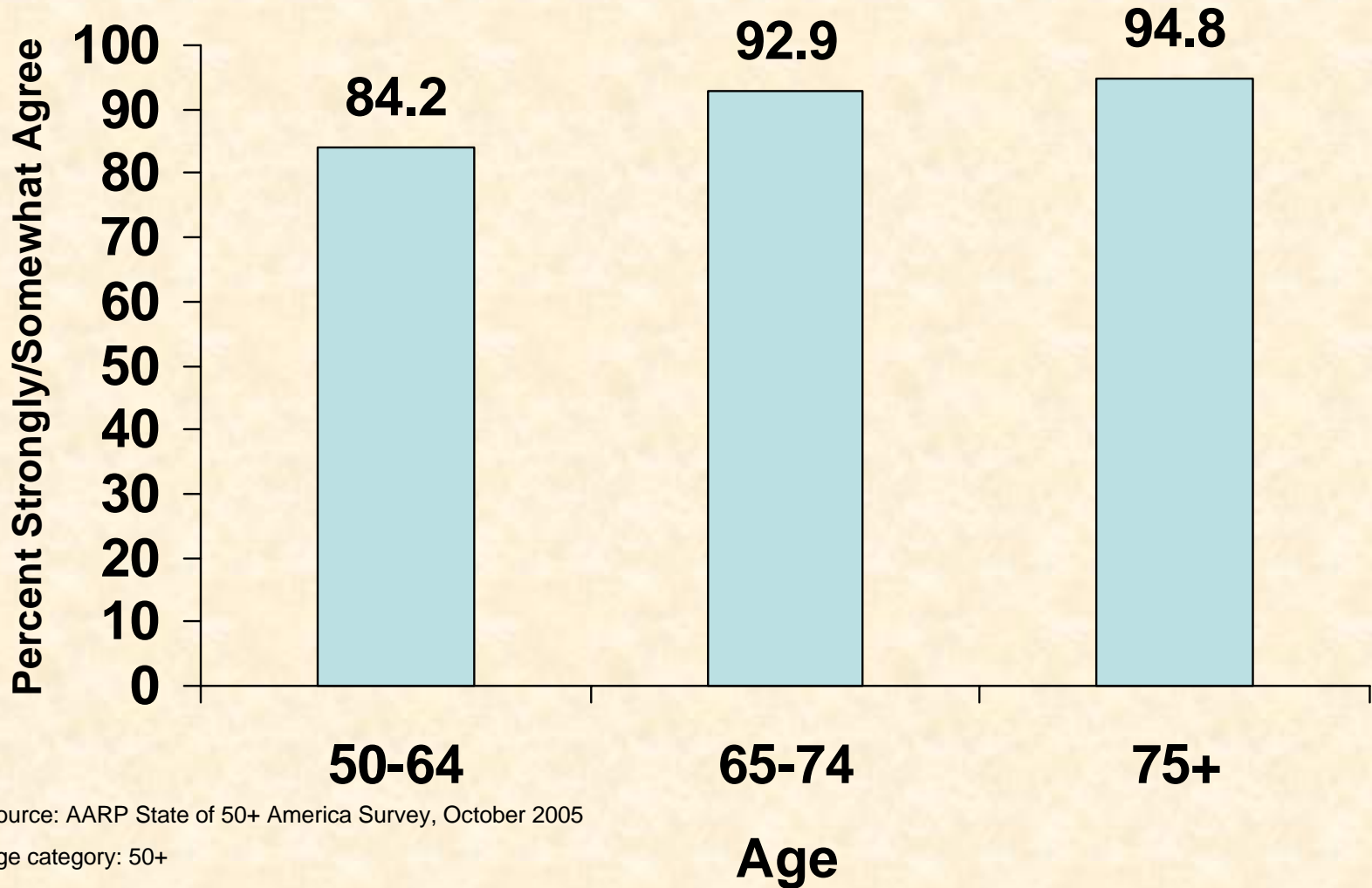


Source: AARP State of 50+ America Survey, October 2005

Age category: 50+

Base=910

“What I’d really like to do is remain in my home for as long as possible.”

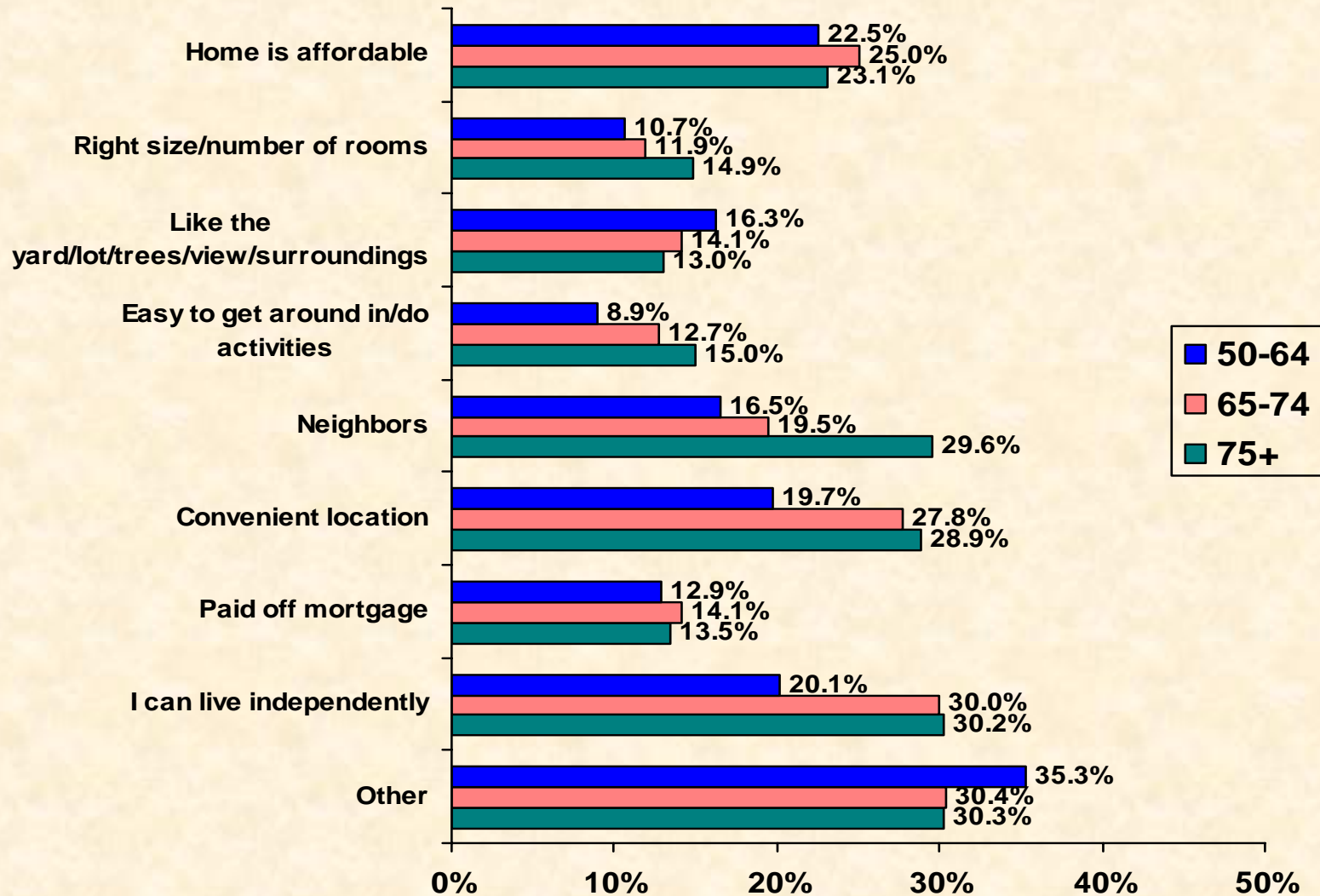


Source: AARP State of 50+ America Survey, October 2005

Age category: 50+

Base=910

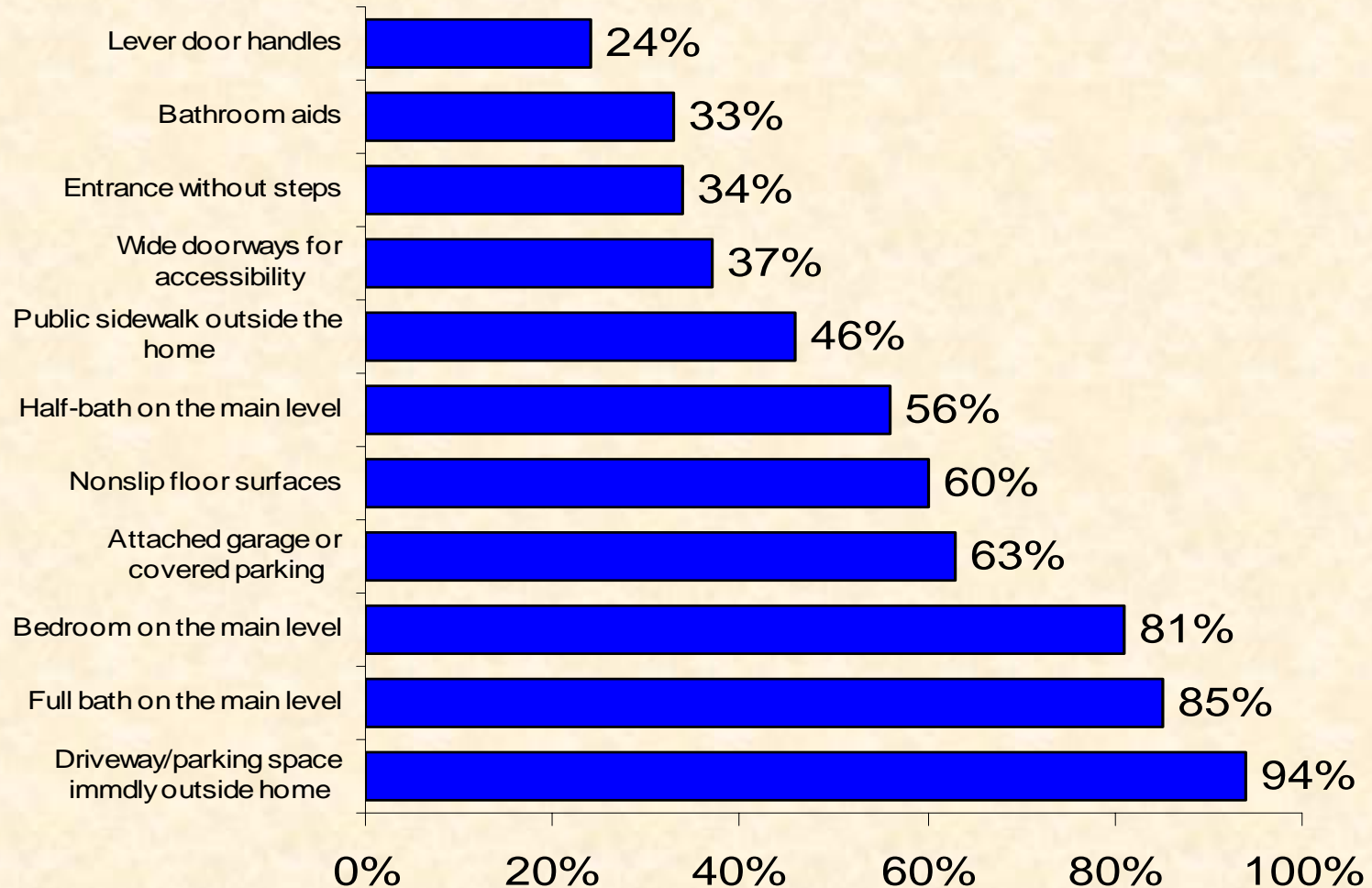
What are some of the reasons you would want to remain in the same home?



Source: AARP State of 50+ America Survey, October 2005

Base=807

Presence of Selected Features that Support Living Independently

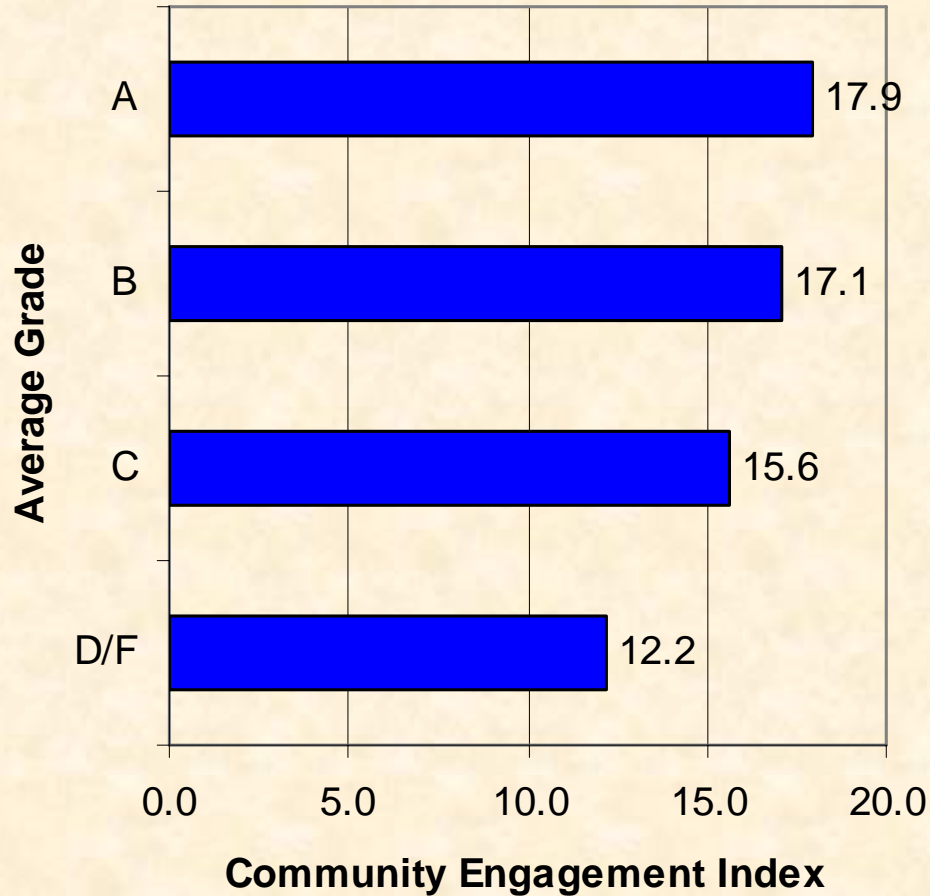


N=1005

Source: AARP/Roper Public Affairs and Media group of NOP World, Beyond 50.05 Survey, 2004

Q45. Does your current home have...

Lower Community Grades Are Associated with Lower Levels of Community Engagement



N=1005

Note: Highest value of the Community Index among survey respondents was 32.75

Source: AARP/Roper Public Affairs and Media group of NOP World, Beyond 50.05 Survey, 2004

“Successful Aging”

Survey included 17 “Successful Aging” type measures; these were viewed separately and not collapsed into a single index. They included:

- Satisfaction with life
- Involvement with world & other people
- Ability to make choices that affect aging
- Ability to care for one’s self
- Ability to pursue hobbies, interests
- Ability to influence others positively
- Not feeling isolated
- e.t.c.

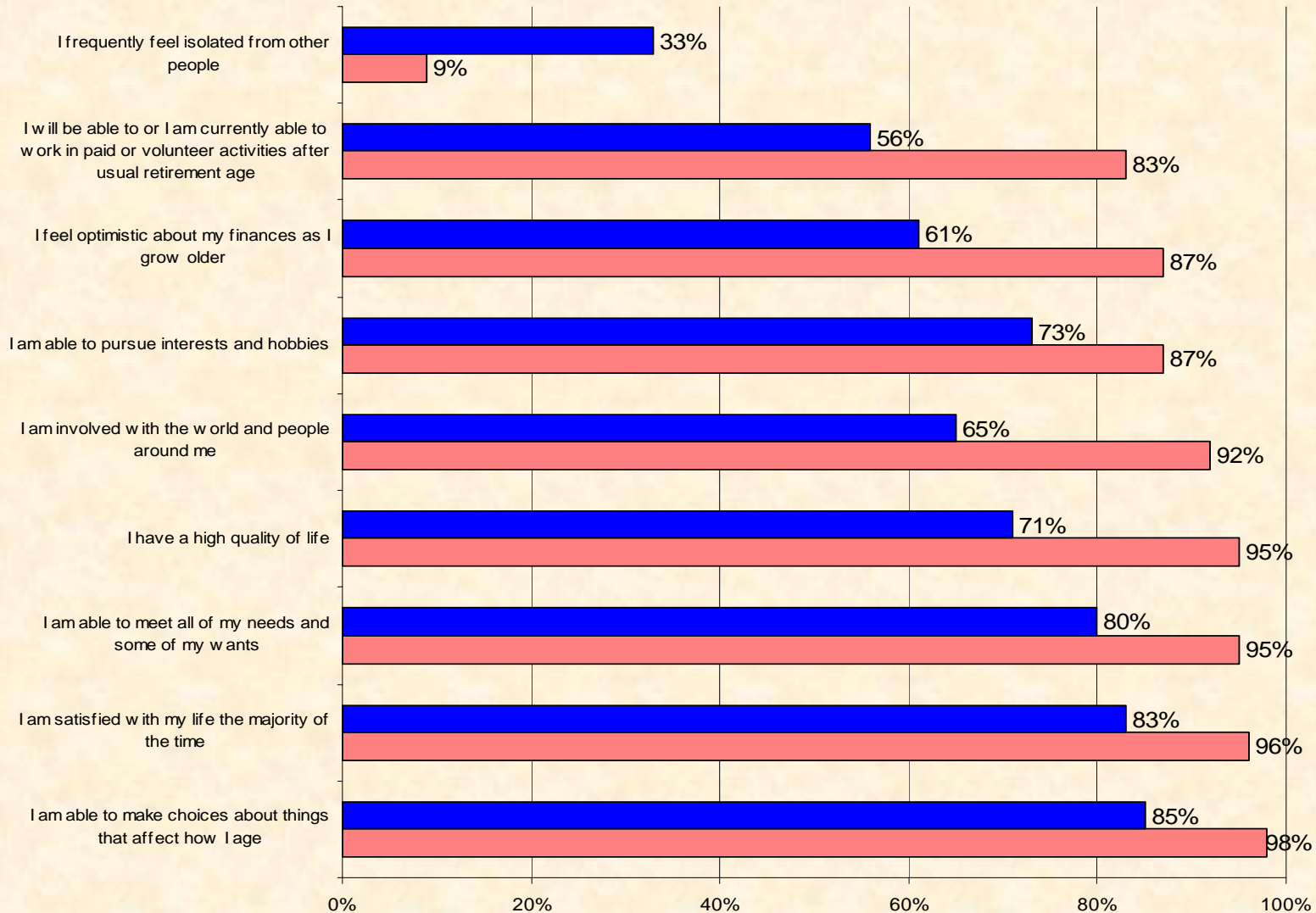


Correlation between Successful Aging and Community Engagement

Percent who “Strongly agree”
I am satisfied with my life the majority of the time
I am able to make choices about things that affect how I age
I have been able to influence others’ lives in positive ways
I have a high quality of life
I am able to meet all of my needs and some of my wants

High Engagement	Moderate Engagement	Low Engagement
87%	79%	56%
80%	70%	56%
81%	60%	41%
85%	69%	46%
78%	71%	48%

Poor Community Grades are Associated with Lower Levels of Successful Aging



N=1005

Source: AARP/Roper Public Affairs and Media group of NOP World, Beyond 50.05 survey, 2004.

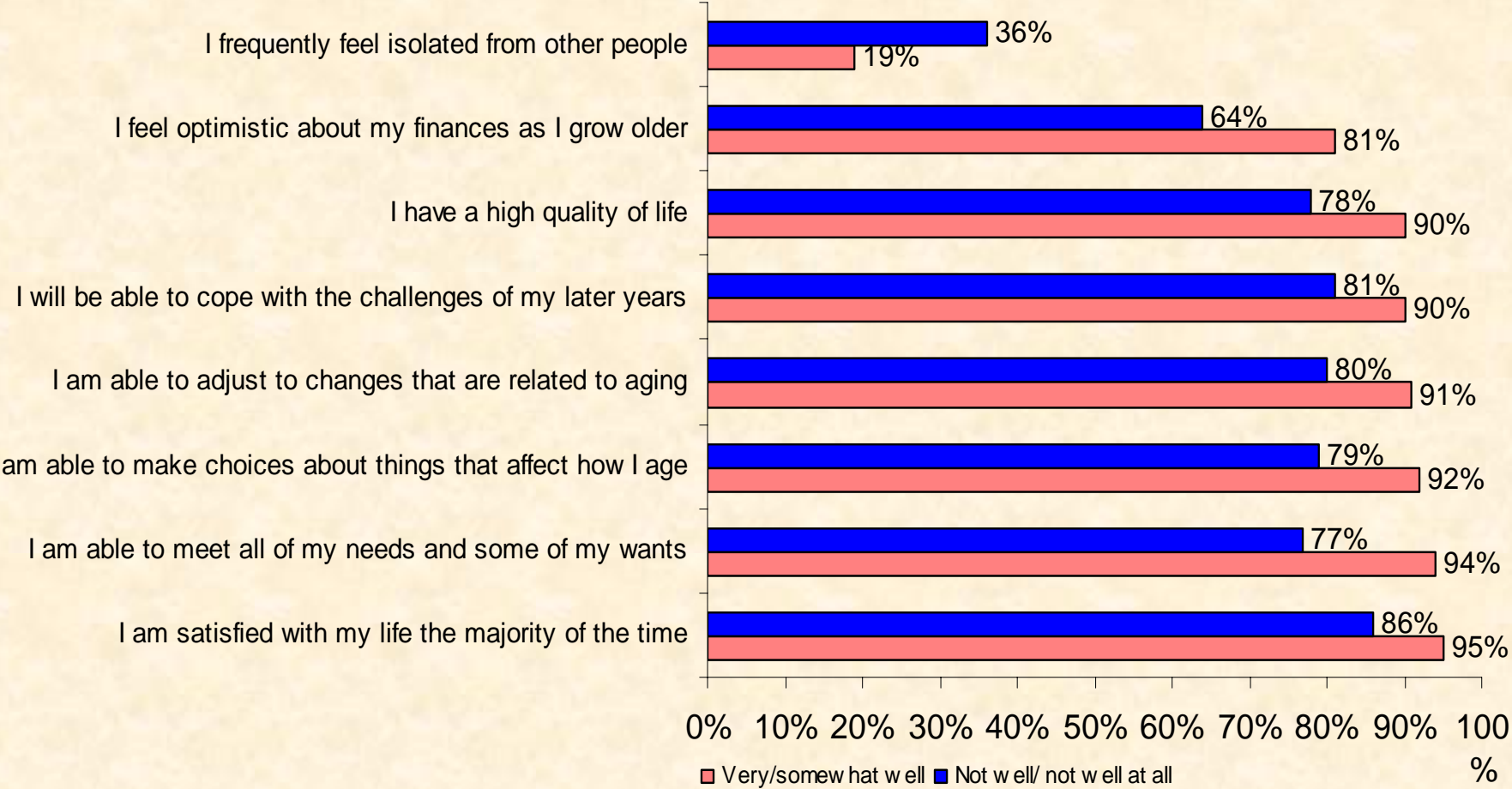
Q46. Considering the items we just covered, how well do you think your home is able to meet your physical needs as you grow older?

Q40. Please tell me whether you agree or disagree with the following statements...

■ D/F

■ A

Persons Age 50 and Older Whose Home Is Able to Meet Their Needs "Very" or "Somewhat Well" as They Grow Older Score Better on Several Successful Aging Measures



N=1005
 Source: AARP/Roper Public Affairs and Media group of NOP World, Beyond 50.05 survey, 2004.
 Q46. Considering the items we just covered, how well do you think your home is able to meet your physical needs as you grow older?
 Q40. Please tell me whether you agree or disagree with the following statements...

How Can We Identify Areas of Improvement for Our Community?

Developing a Tool

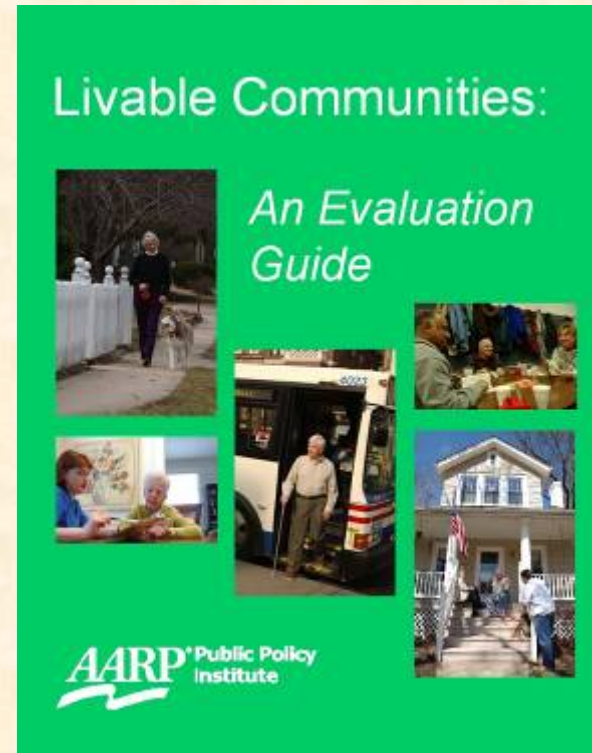
*Livable Communities: An
Evaluation Guide*

Livable Communities: An Evaluation Guide

This evaluation guide can help residents, advocates, and local leaders identify areas of success and potential opportunities for improvement in their community.

The Community Evaluation Tool

- Transportation
- Walkability
- Safety and Security
- Shopping
- Housing
- Health Services
- Caring Community
- Recreation and cultural activities



Getting from Here to There....

*What are the Policy
Implications?*

4) Strategies and Recommendations

- 90% of people 50+ **DO NOT** move and most would prefer to age in place
- Elders of WWII & Depression Era are different than “boomers”
- Boomer are healthier, wealthier and more educated....*it must still be determined if they are wiser*

4) Strategies and Recommendations

- “Boomers’ are more independent while still being care-givers for their parents & their children
- “Boomers’ are not a single group
- After boomers come GEN-X
- And after GEN-X, comes GEN-Y, or the “baby-boomlet”

4) Strategies and Recommendations

Encourage community engagement
by promoting social involvement in:

Organization memberships

Volunteer service

Community & facility planning

4) Strategies and Recommendations

Promote design and modification of housing to meet physical needs of older people

4) Strategies and Recommendations

Ensure an adequate supply
of diverse, affordable housing
environments

4) Strategies and Recommendations

Promote community features that enhance safety and inclusiveness for people of all ages and abilities

4) Strategies and Recommendations

REMEMBER

Home Modification is an investment in a person's home and in their community.

Aging in Place can create
“places for all ages.”

Another AARP Resource

- Make your own community more livable
- Visit AARP's "Community Exchange"
- www.aarp.org/communityexchange

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